Adalogical Ænigmas No. 79

Gentle solver,

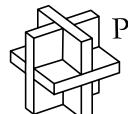
Dear me, but we inhabit truly disordered times, do we not? All of our routines, the quotidian rhythms of our daily lives, even the most fundamental of our social relationships have seemingly been thrown into an unfamiliar and uncomfortable chaos. Naturally, we carry on, we adjust, we make do, we learn new ways of doing old things, and we survive.

It is not *easy*, however. At least, I do not find it so, and thus I present the following ænigma, inspired by my longing for the simple *order* to which I once was accustomed.

In the grid below, please shade some *selection* of the squares such that each horizontally or vertically connected group of *shaded* squares forms a perfect, orderly rectangle. A number in any heavily outlined *region* specifies the exact quantity of shaded squares within that region. Numberless regions may contain *any* quantity of shaded squares, including none at all. Note that, in despite of what happens to hold in the example, it is *not* necessary for all of your shaded rectangles to touch at corners.

Once you have finished your grid, you may move on to finding the final answer to my ænigma. First, identify those *unshaded* squares that are adjacent to exactly *one* shaded rectangle. At each such square, advance its letter in the alphabet (wrapping around from Z to A as necessary) by the *length* of the adjacent side of that rectangle. Reading the resulting letters in left-to-right, top-to-bottom order will reveal a clue to your final answer.

Good luck!

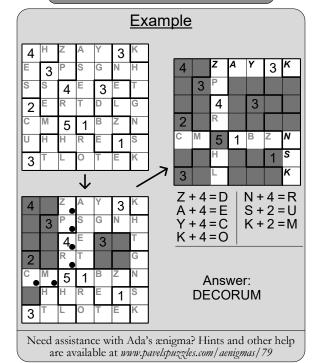


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D Q Q W Q K Q Q Q M Q

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