Adalogical Ænigmas

Gentle solver,

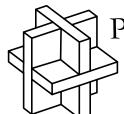
It is a common bit of folk wisdom, popularly held to be true, that "good things come in threes." Although, on the surface, this sentiment seems quite *irrational*, it is nonetheless striking how very *many* examples there are in our culture of people, places, or things that are rarely seen or spoken of except in their customary three-part grouping!

Inspired by this rather *odd* phenomenon, as it were, my latest ænigma explores the topic in exhaustive depth, but with a bare *minimum* of rules.

In the grid below, I desire that you should partition the entire white area into *regions* along grid lines, where each region comprises *exactly* three squares. To avoid monotony, please refrain from allowing any two regions with the same *shape* and *orientation* to share the side of a grid square.

Once you have completed your grid, you may move on to finding the final answer to my ænigma. In each region, advance the letter in the *centre* square forward in the alphabet (wrapping around from Z to A if necessary) by the number of *other* squares in that region that share a grid row with the centre one. Reading the resulting letters in left-to-right, top-to-bottom order will reveal a clue to your final answer.

Good luck!

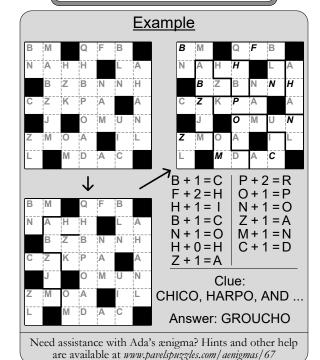


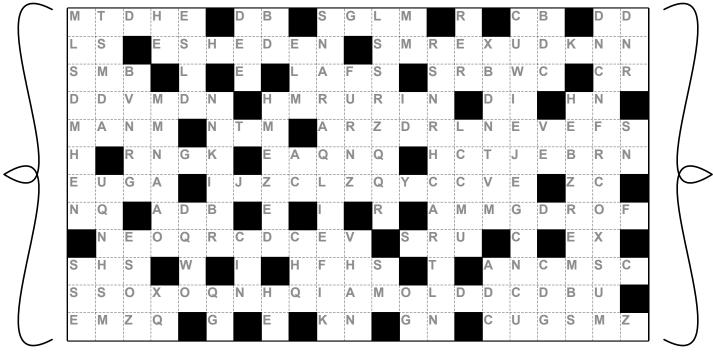
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Alta

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