## Adalogical Ænigmas No. 66

Gentle solver,

It recently occurred to me that I mayn't ever have mentioned my personal *journal*, in which I assiduously record the events of each day and night of my life, be they routine or extra-ordinary. I find, in its rhythmically consumed pages, both the *comfort* of familiarity and a private *refuge* in which to work through the quotidian difficulties of existence.

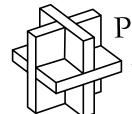
This ænigma is inspired by the day-to-day pattern of Life, as well as the regularity of my own journaling of that pattern.

In the grid below, each boldly outlined *region* represents either a *day* or a *night* of one's existence. Please draw a single loop, horizontally or vertically connecting adjacent squares, that enters and leaves each region exactly once.

The curved symbols in the grid represent the *suns* and *moons* that punctuate our lives. Within each *day* region, your loop must pass through all of its suns (but no moons), and within *night* regions it must traverse all of the moons (but no suns). Naturally, along the path of the loop, the regions must strictly *alternate* betwixt day and night. Which regions are of which type is, of course, left for *you* to determine.

Once you have completed your loop, you may move on to finding the final answer to my ænigma. Beginning in the upperleft region, proceed *clockwise* around your path and, at each bend, shift the corresponding letter one place either *forward* in the alphabet (wrapping around from Z to A if necessary) if in a day region, or *backward* if in a night region. Reading the resulting letters in loop order will reveal a clue to your final answer.

Good luck!

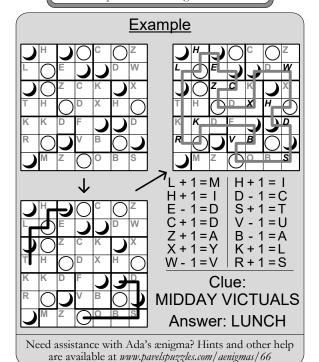


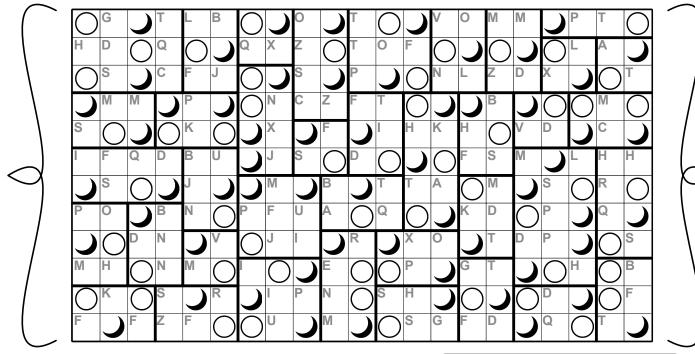
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Ata

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